

10K Course

Begin at gate on road 600. After 1/2 mile turn E (right) onto Red Apple trail. Stay on Red Apple until 700/702 intersection, go S (straight) on 702. Turn W (right) on 705. Continue W (straight) onto Red Apple. Turn NE (right) onto Bob's bypass. At 602/700 intersection take Red Apple to the N. Follow Red Apple to intersection 1. Go straight through the gate onto the MERA loop trail. At intersection 2 stay to the left on Fast Twitch. Follow Fast Twitch to IGO road. Turn SE (right) and run down IGO. Turn W (right) onto Fast Twitch. At intersection 726/727 stay straight on Fast Twitch. Turn W (right) to stay on Fast Twitch. At intersection 726/723 turn W (right) to stay on Fast Twitch. Follow to intersection 2 and turn S (left) onto the MERA loop. Follow back to the gate and turn E (left) back onto Red Apple. Continue on first loop course until intersection 15. Turn W (right) onto 700 and follow up to Red Apple. Turn N (right) onto Red Apple and follow to intersection 1. Turn W (left) then join the road at Archer Lane to finish the race at the gate.

